

## Family as Care Givers Educational Resources

	GREEN Start ASAP by team member discussing with family/support person	YELLOW Start ASAP by team member providing minimal training & documenting in chart	RED Do not pursue at this time
<b>Consider:</b>	<ul style="list-style-type: none"> <li>-Tasks essential family/supports already know how to support or basic direction require</li> <li>-Minimal infection risk</li> </ul>	<ul style="list-style-type: none"> <li>-Tasks essential family/supports already know how to support or minimal training required</li> <li>-Minimal infection risk</li> </ul>	<ul style="list-style-type: none"> <li>-Task would be difficult for essential family/supports</li> <li>-Advance training is required</li> <li>-Infection risk may be present</li> </ul>
<b>Examples:</b>	<ul style="list-style-type: none"> <li>• Meal tray/water setup/disposal</li> <li>• Adjust bed with controls</li> <li>• Assist with gown changes</li> <li>• Change linen when clean ones are provided</li> <li>• Booking family physician appointment for patient prior to discharge</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with supervised mobilization to bathroom</li> <li>• Mouth/Denture Care</li> <li>• Application of ointments</li> <li>• Chronic disease management tasks that were being managed at home prior to admission (e.g. inhalers, blood sugar testing, peritoneal dialysis)</li> </ul>	<ul style="list-style-type: none"> <li>• Collection of samples</li> <li>• Administration of oral or injected medication</li> <li>• Set up of suction supplies and canister</li> </ul>

Hand Hygiene- The four moments of hand hygiene  
Poster for hand wash and hand rub

Personal Protective- Donning and Doffing Poster including QR code to video's  
Donning and Doffing link to video's

### Personal Care – Daily Care:

- Personal Hygiene

- Oral hygiene – natural teeth and denture care:
- Hair care – brushing and combing
- Eye care
- Hearing aid care
- Shaving – electric only
- Basic nail care – cleaning under the nails and filing

- Bathing

- Complete bed bath
- Tub bath/Shower – must complete with a trained experienced CCA
- Perineal care – female and male
- Perineal care with catheter – female and male

- Dressing and Undressing

- Elimination

- Catheter care – securement devices, emptying urinary drainage and leg bag
- Continence and incontinence – application and removal of incontinent products
- Toileting clients and continence management utilizing toileting programs
- Bed pan, urinal, commode – assisting on and off, cleaning procedure

- Mealtime Assistance

- Video on assisting with meals 12 minutes long.