

Oral Care – Dentures

Huddle Talk #2

Did you know?

- Many problems can occur in residents who wear dentures if Oral Care is not done. **Oral Care needs to be a priority!**
- If dentures are not removed, allowing for the tissues to rest, infections such as thrush, or denture sore mouth can develop.

Recommended Daily Denture Care:

- Brush dentures with a denture brush morning and night
- using a mild soap (suitable to use handwashing soap provided by the LTC home, **Do Not Use Regular Toothpaste as is harsh on dentures**)
- Rinse dentures well under running water.
- Brush gums and tongue with a soft toothbrush morning and night. Cleaning dentures is not sufficient: both the dentures and the person's mouth must be cleaned.
- Take dentures out of the mouth overnight, clean and soak in cold water.
- Disinfect dentures once a week. (Chlorhexidine solution or commercial denture cleansing tablet)
- Encourage the resident to drink water after meals, medications, other drinks and snacks to keep the mouth clean.
- Chart and report any unusual findings to the RN, RPN, or LPN on shift

Reference: Saskatchewan Oral Health Coalition &
Saskatchewan Oral Health Professions

