

SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION

(This list is not definitive and is subject to change.)

All licensed physical therapists are able to provide **external** pelvic assessment and treatment. Please check with your physical therapist to see if they are further qualified by the standards of their provincial College of Physical Therapists to perform **internal** pelvic floor services.

Limited public physiotherapy programs are available at no cost to the client. These programs may require a physician's referral. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled with the help of the Saskatchewan Pelvic Floor Pathway. Find more resources at <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway> or search "SHA Pelvic Floor Pathway" in your web browser.

SASKATOON AND AREA		
Armstrong's Physiotherapy Clinic – Stonebridge #23 - 118 Cope Crescent, Saskatoon www.armstrongphysio.com	Ph: 306-653-3838 F: 306-343-1788	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Craven S.P.O.R.T. Services #3 – 701 2 nd Avenue North, Saskatoon www.cravensportservices.ca	Ph: 306-934-2011 F: 306-934-2012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women <input checked="" type="checkbox"/> pediatric
Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon www.donaldphysiotherapy.com	Ph: 306-933-3372 F: 306-933-3373	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Empowered Pelvic Wellness www.empoweredpelvic.ca Saskatoon	Ph: 306-700-3699 F: 306 373-0061	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Holistic Physiotherapy & Wellness 302-4th Ave, Saskatoon www.holisticphysiowellness.ca	Ph: 306-373-0060 F: 306 373 -0061	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Kinetik Rehabilitation - Saskatoon City Hospital 8 th Floor, 701 Queen Street Saskatoon www.kinetikrehab.com	Ph: 306 655-8974 F: 306 655-7878	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lead Integrated Health Therapies 214 Joseph Okemasis Dr Saskatoon www.leadpilates.com/lead-pelvic-floor-health	Ph: 306-955-5558 F: 306-955-5571	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lifemark Clinic 8th Street 304 – 3907 8 th Street East, Saskatoon www.lifemark.ca/8th-Street	Ph: 306-652-5151 F: 306-652-5153	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lifemark Clinic Stonebridge 105-203 Stonebridge Blvd, Saskatoon www.lifemark.ca/Stonebridge	Ph: 306-649-2288 F: 306-649-2290	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Mackie Physiotherapy 3012 Arlington Avenue, Saskatoon www.mackiephysio.com	Ph: 306 955-7888	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Movement Chiropractic 3602 Taylor Street East, Saskatoon www.movementchiropractic.ca	Ph: 306-244-6121 F: 306-244-6122	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Myranda Reimer, Strength and Conditioning Physiotherapy www.myrandareimer.com	Ph: 306-381-3446 F: 306-500-9986	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Nomad Therapies 100 - 1202 Emerson Avenue, Saskatoon www.nomadtherapies.ca	Ph: 306-382-2939 F: 306-934-2517	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Prairie Pelvic Health 619 8 th St E, Suite 105, Saskatoon www.prairiepelvichealth.com	Ph: 306 244-0244 F: 306 700 2377	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric

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Reynolds Physiotherapy 130-2501 Jasper Ave S, Saskatoon www.reynoldspphysiotherapy.com	Ph: 306-700-3138 F: 639 630 2119	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx	Ph: 306-655-7901 F: 306-655-7918	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
Saskatoon Pessary Clinic (also provides PT services) Saskatoon www.saskatoonpessaryclinic.com	Ph: 306-912-6269 F: 1-855-915-0292	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Saskatoon Community Clinic (only with referral from within community clinic) 455 – 2 nd Avenue North, Saskatoon www.saskatooncommunityclinic.ca	Ph: 306-664-4259 F: 306-975-2188	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
Still Physio 201-626 Broadway Ave, Saskatoon www.stillphysio.ca	Ph: 306-270-5217	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Urology Centre of Health, St. Paul's Hospital Only men having surgery at St Paul's – pre and post prostatectomy 1702 - 20 th Street West, Saskatoon	Ph: 306-655-5072 F: 306-655-5082	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men
Vangool Wellness & Physiotherapy 3026 Taylor Street E, Saskatoon www.vangoolwellness.com	Ph: 306-242-9355 F: 306-242-9508	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group – Venture Clinic 109 – 294 Venture Crescent, Saskatoon www.venturerehab.ca	Ph: 306-665-1962 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Venture Rehabilitation Sciences Group 220 Betts Ave #90, Saskatoon www.venturerehab.ca	Ph: 306-665-1962 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Warman Physiotherapy and Wellness 105 Klassen Street, Warman www.warmanphysio.com	Ph: 306-373-9355 F: 306-373-9357	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women & pediatric
Warman Physiotherapy and Wellness- Saskatoon location Unit #120,1260 Baltzan Blvd Saskatoon www.warmanphysio.com	Ph: 306-931-9355 F: 306-373-9357	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women & pediatric
Women's Wellness Physiotherapy 200 15-23rd Street East Saskatoon www.wvphysiotherapy.ca	Ph: 306 954-9939 F: 306 954-9940	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Zone Sports Physiotherapy- Lakeside Centre 140-215 Joseph Okemesis Drive, Saskatoon www.zonesportspt.com	Ph: 306 477- ZONE (9663) F: 306 477-9664	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
REGINA AND AREA		
Brownstone Health 1455 Rose Street, Regina www.brownstonehealth.ca	Ph: 306-779-1275 F: 306-779-1276	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Emerald Physiotherapy and Rehabilitation (Maternity & Wellness Clinic) 606 Victoria Ave Regina www.emeraldphysio.ca	Ph: 306-347-1999 F: 306-347-1998	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Haas Physical Therapy 336 Great Plains Rd, Emerald Park www.haasphysicaltherapy.ca	Ph: 306-559-5676 F: 306-559-5637	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Haas Physical Therapy 4535 Rochdale Blvd, Regina www.haasphysicaltherapy.ca	Ph: 306-559-6469 F: 306-559-6483	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women

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Lifemark Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina www.reginaphysio.com	Ph: 306-522-4995 F: 306-352-1735	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Stapleford Health and Rehab Centre 1712 Badham Blvd, Regina www.staplefordhealth.ca	Ph: 306-543-0990 F: 306-545-5634	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx	Ph: 306-766-0482 F: 306-766-7551	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
ESTEVAN		
St. Joseph's Hospital, Therapies Department 1176 Nicholson Road, Estevan	Ph: 306-637-2410 F: 306-637-2485	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
LA RONGE and AREA		
La Ronge Saskatchewan Health Authority Physical Therapy Department	Ph: 306-425-8504 F: 306-425-5173	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
LLOYDMINSTER		
Lloydminster Hospital, Therapies Department, Saskatchewan Health Authority 3820 – 43rd Avenue, Lloydminster	Ph: 306-820-6055 F: 306-820-6165	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
MEADOW LAKE		
Elevation Health, 307 Centre Street, Meadow Lake www.elevationhealth.net	Ph: 780-594-9177 F: 780 594 9178	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
MELFORT		
Parkland Place, 402 Bemister Ave East, Melfort	Ph: 306-752-1750 F: 306-752-7006	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
MOOSE JAW		
Moose Jaw Physical Rehabilitation 15 Thatcher Drive, Moose Jaw www.mjphysicalrehab.com	Ph: 306-693-0545 F: 306 693 0521	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
NIPAWIN		
Nipawin Hospital, Community Services- Therapy Department Saskatchewan Health Authority 800 6 th St E, Nipawin	Ph: 306-862-9822 F: 306 862-3250	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
NORTH BATTLEFORD AND AREA		
CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford www.cbi.ca/web/physiotherapy-north-battleford-territorial	Ph: 306-446-5670 F: 306-446-5671	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Primary Health Centre – North Battleford Medical Clinic 101 – 11427 Railway Avenue, North Battleford	Ph: 306-446-6459 F: 306-446-6432	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women

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Northwest Wellness 172 Main Street, Glaslyn www.northwestwellness.embodiaapp.com	Ph: 306-321-4121 F: 306-352-1803	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Unity and District Health Centre, Airport Road, Unity (Also services Kerrobert and area)	Ph: 228 2666 ex 2984 F: 306 228 2292	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group 982 102nd Street, North Battleford www.venturerehab.ca	Ph: 306-665-1962 F: 306-975-0109 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
OUTLOOK		
Sim Physiotherapy 209 Saskatchewan Ave E, Outlook www.simp physio.com	Ph: 306-867-2088 F: 306-867-2098	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
PRINCE ALBERT		
Freedom Physiotherapy & Consultants 13-2685 2 nd Avenue West, Prince Albert www.freedomphysio.ca	Ph: 306-763-2322 F: 306-763-2320	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Physio Fit Therapy & Fitness 365-36th Street West, Prince Albert www.physiofitpa.net	Ph: 306-764-3479 F: 306-764-3479	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
SWIFT CURRENT		
Central Avenue Physiotherapy 302 Central Avenue North, Swift Current www.achesandsprains.ca	Ph: 306-773-8313 F: 306-773-8316	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
STRIDE Physio & Performance 220 1st Avenue NW, Swift Curren www.hityourstride.ca	Ph: 306-778-7770 F: 306-778-7710	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
TISDALE		
Tisdale Community Health Services 600-110 th Ave, Tisdale	Ph: 306-873-8282 F: 306-878-2168	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group 701 100th Street, Tisdale www.venturerehab.ca	Ph: 306-873-3744 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
WEYBURN		
Centered Physiotherapy + Yoga 50-3 rd St. N.E. Weyburn www.centeredphysio.com	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
YORKTON		
Evolve Functional Rehabilitation & Performance, 95 Broadway Ave East, Yorkton www.evolveyorkton.ca	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Prairie Physiotherapy 383 Parkview Rd, Yorkton www.prairieviewphysiotherapy.ca	Ph: 306-700-0120 F: 306-700-5012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
ProActive Physiotherapy 2 - 279 Hamilton Rd, Yorkton www.proactive-physio.janeapp.com	Ph: 306-620-6940 F: 1-833-411-1292	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women

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OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS		
Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB www.aptcinc.ca	Ph: 403-527-9477 F: 403-527-8274	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Theracare Physiotherapy (Co-op Mall) 118 – 3030 13th Avenue SE, Medicine Hat, AB www.theracarephysio.com	Ph: 403-488-7888 F: 403-487-5445	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Excel Physical Therapy 568 South Railway St SE #3, Medicine Hat, AB www.excelpt.ca	Ph: 403-504-1004 F: 403-504-1009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Element Physiotherapy 728-18th St Brandon, MB www.elementphysio.ca	Ph: 204-728-4466 F: 204-728-9009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Physio4U 459 23 rd Street, Brandon, MB www.physio4u.net	Ph: 204-725-4066 F: 204-725-0012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Dynamic Physiotherapy and Sports Injury Brandon, MB www.dynamicphysio.net	Ph: 204-725-2098 F: 204-725-2314	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women