

# Personal Decision Form

## For people considering treatment options for prostate cancer

There are several different ways to treat prostate cancer. Each approach has possible benefits, complications, and side effects. The best choice depends on what is most important to you.

This form is intended to help in your discussions with your doctor. There are three sections in the form.



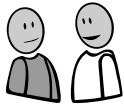
### Being informed

Your answers help us see how well we are doing our job of giving you information about your condition and options.



### Values: what matters most to you

Your answers help us to understand what is important to you.



### Making choices

Your answers help us know how far along you are in decision making and what else you need.

We would like you to fill in this form before you meet with your doctor. You can complete the form by yourself or with assistance from a family member.

Sincerely,

Saskatoon and Regina Prostate Assessment Centres

### Personal Information

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Date: \_\_\_\_\_

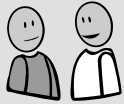


## Being informed

**Questions 1 to 6 are some of the facts that doctors think are important to know about early stage prostate cancer and how to treat it. Please check one answer for each question.**

1. For most men with early stage prostate cancer, how much would **waiting 3 months** to make a decision affect their chances of survival?
  - A lot
  - Somewhat
  - A little or not at all
  - I am not sure
  
2. **Without any kind of treatment**, about how many men diagnosed with early stage prostate cancer will eventually die of prostate cancer?
  - Most will die of prostate cancer
  - About half will die of prostate cancer
  - Most will die of something else
  - I am not sure
  
3. For most men, what is the **best option** for managing early stage prostate cancer?
  - Active surveillance / watchful waiting
  - Implanted radiation seeds (Brachytherapy)
  - External Beam Radiation
  - Hormone Therapy
  - Surgery (radical prostatectomy)
  - There is no best option; it depends on medical factors and what the man wants
  
4. Which treatment(s) for prostate cancer is more likely to **cause bowel problems**?
  - Surgery
  - Radiation
  - Both surgery and radiation are equally likely to cause bowel problems
  
5. Which treatment(s) for prostate cancer can **cause sexual problems**, such as problems with erections?
  - Surgery
  - Radiation
  - Both surgery and radiation can cause sexual problems
  
6. Five years after treatment for prostate cancer, which is more likely to **cause dripping or leaking urine**?
  - Surgery
  - Radiation
  - Both surgery and radiation are equally likely to cause dripping or leaking urine





### Making Choices

**Please check one answer for each question.**

16. At this stage, which option might be best for you?

- Surgery
- External Beam Radiation
- Implanted radiation seeds (Brachytherapy)
- No active treatment right away, but continued monitoring of the cancer
- I am not sure

	Yes	No	Not sure
17. Do you feel sure about the best choice for you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Do you know the benefits and risks of each option?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Are you clear about which benefits and risks matter most to you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Do you have enough support and advice to make a choice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Do you have any comments or questions?

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