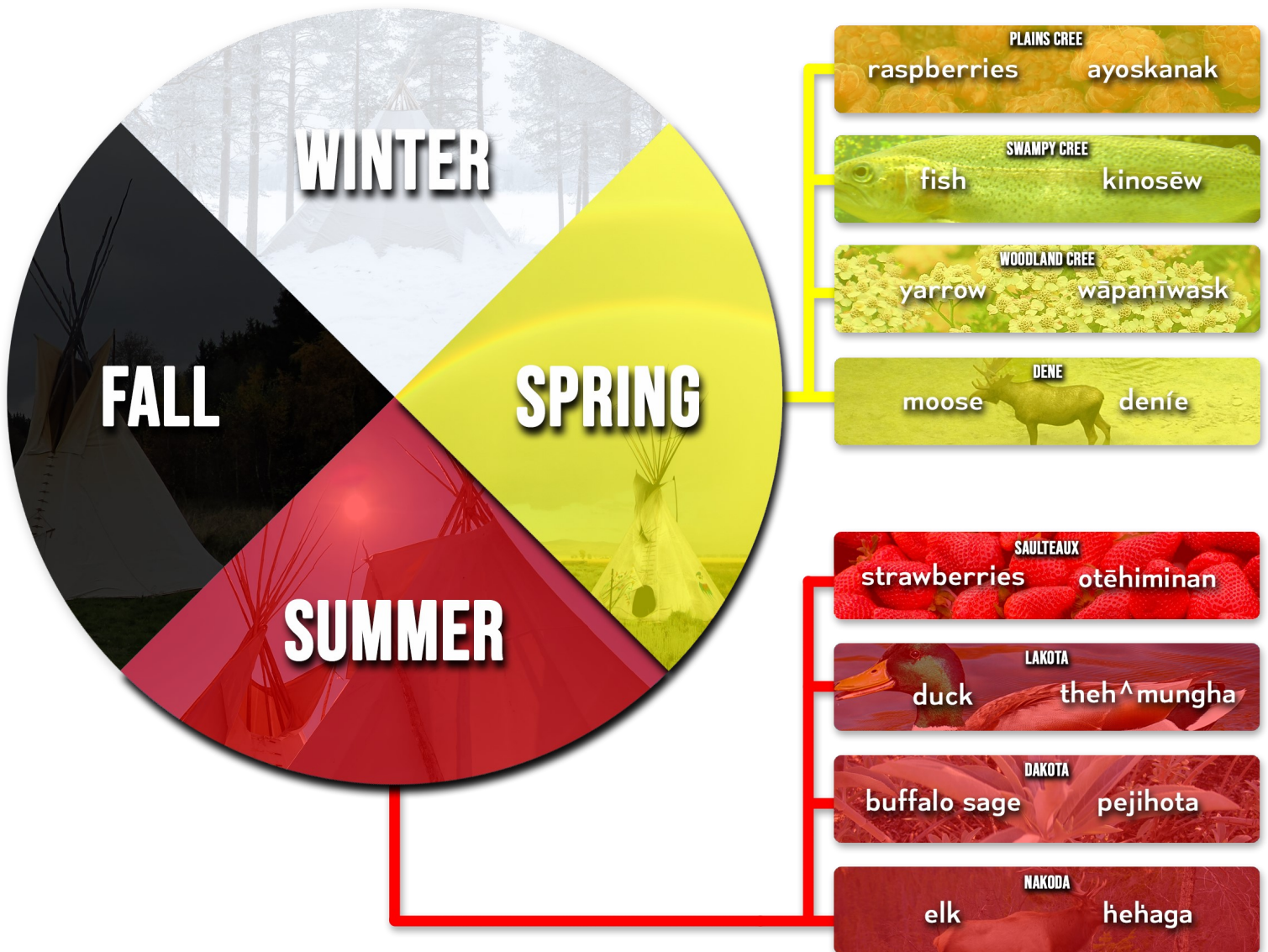


Harvesting in Season

Indigenous Food Traditions in Saskatchewan



Written in partnership by the Saskatchewan Indigenous Cultural Centre and the SHA Public Health Nutritionists (2023)



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Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.