

During your surgery on _____, you received medication that may affect
(mmm/dd/yyyy)
how well hormonal birth control medications work.

Sugammadex (BRIDION®) is a medication that helps to speed up recovery from an anesthesia medication used during your surgery.

Sugammadex may reduce the effectiveness any contraceptives containing hormones in order to prevent pregnancy for up to 7 days after receiving this medication.

**USE OTHER METHODS TO PREVENT PREGNANCY FOR THE NEXT 7 DAYS
UNTIL _____**

If you are using oral contraceptives (“the pill”), continue taking them on your usual schedule.

The following hormonal birth control methods may be less effective for 7 days:

- Oral contraceptives (birth control pills, including progestin-only pill)
 - ◊ Example: Tri-Cyclen®, Yaz®, Yasmin®, Alesse®, Diane-35®, Marvelon®
- Injectable contraceptives (birth control injections)
 - ◊ Example: Depo-Provera®
- Intrauterine device (IUD) with progesterone contraceptives (a device placed inside your uterus)
 - ◊ Example: Mirena®, Jaydess®, Kleenya®
- Subdermal implanted contraceptives (a small plastic rod placed under your skin)
 - ◊ Example: Nexplanon®
- Patch contraceptives (a small sticky patch worn on your skin)
 - ◊ Example: Evra™
- Vaginal rings (a flexible plastic ring inserted into your vagina)
 - ◊ Example: NuvaRing®

Use one of the following non-hormonal back-up methods for 7 days after your surgery:

- Male or female condom
- Diaphragm
- Cervical Cap or Sponge
- Abstinence (not having sex)

If you have questions or concerns regarding this medication:

- Contact your primary care provider
- Contact your local pharmacist
- For 24 hour professional health advice and information, call

