



# Patient Family Centre Care

## Sharing Patient Stories

*Patient stories help us see why quality improvement is important. They encourage us to talk about good and bad experiences to improve care. When we partner with patients and families we find out what is important to them. This helps us learn how we can improve care in a way that is patient-centred.*

### Before you share your story, consider:

- What am I willing to share?
- What do I feel is too private to share?
- What does my family not want me to talk about?
- Decide how you would like your story shared.
- What will my story teach those who are listening?
- Have I had a negative experience that is still bothering me and will be too difficult to share in a constructive manner?

### As you write your story, consider the following:

- Describe your health care experience.
- What helped or gave you strength during this time?
- Who made a difference in your journey?
- Tell us about your life today.

### Ways to Share your Story

- Share your story with Patient Family Centred Care

Contact us at [pfcc@saskhealthauthority.ca](mailto:pfcc@saskhealthauthority.ca)



**Healthy People, Healthy Saskatchewan**

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



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For more information visit our website at [www.saskhealthauthority.ca/our-organization/quality-care-patient-safety/patient-family-centred-care](http://www.saskhealthauthority.ca/our-organization/quality-care-patient-safety/patient-family-centred-care)



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