

What Is Sexual Assault?



Have you experienced any of the following?

- Unwanted sexual touching
- Unwanted grabbing
- Unwanted sex or sexual activity
- Violence where you were beaten or hurt physically including choking, drowning etc.
- Forced sex or sexual activity where you were drugged, intoxicated, manipulated
- Violence where a weapon such as a knife or gun was used



- ◆ It is strongly encouraged you visit an Emergency Department, where you can get medical attention and the care that you need from care providers with special training. It is possible you may not be aware of all injuries.
- ◆ It is important to seek medical attention within 7 days of the sexual assault in order to have evidence collected.
- ◆ Know that you can still get the help you need after a sexual assault no matter how much time has passed.



Healthy People, Healthy Saskatchewan



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