Additional Recourses:

Scan QR code for ALS Canada Website







ALS/Motor Neuron Disease Clinic

*ALS=Amyotrophic Lateral Sclerosis



Scan QR code for Muscular Dystrophy Canada



The ALS Society is a non-profit organization that provides support to patients and their families living with ALS, PLS, Kennedy's disease and other MND in Saskatchewan.

Consultant: 1-639-590-4100

ALS Guide: A Guide to Amyotrophic

Lateral Sclerosis (ALS)

Provided by: ALS Society of Saskatchewan)

Scan QR code for **ALS Society of**

Saskatchewan Website











December 2023

Who Can Be Referred

We see patients with many different forms of Motor Neuron Disease (MND). Amyotrophic Lateral Sclerosis (ALS) is the most common disease seen in clinic, but we also follow many individuals with other diseases including Spinal Bulbar Muscular Atrophy (Kennedy's Disease), Spinal Muscular Atrophy (SMA), and variants of ALS/MND. We see individuals at any stage of the disease from diagnosis confirmation to late stage management.

What To Expect

As a patient of the ALS/MND Clinic, you work closely with a team of dedicated healthcare professionals who have both a special interest and expertise in providing care for individuals diagnosed with ALS/Motor Neuron Disease.

Each member of the team has a different background and specialty to address your needs.

We provide support and consultation based on your needs to support you throughout your disease process.

Research Opportunities

There are several research projects underway at the ALS/MND Clinic. Please contact the clinic for further information.

Meet Your Clinic Team

ALS/MND Clinical Nurse Coordinator

Provides the overall coordination of your care. Completes nursing assessments and works with you to develop goals for your care based on your specific needs. Key contact person for you and your family.

Office Clinic Coordinator

Coordinates referrals to the clinic and schedules in person and virtual clinic appointments.

Neurologist

Specialist of the nervous system who make the diagnosis of ALS or other motor neuron diseases (MND). After the diagnosis is made, identifies and outlines for you treatment options, specific needs and concerns, and potential research and clinical trials.

Physiatrist

Specialists in physical medicine and rehabilitation; they evaluate the extent of disability and your level of muscle function. They can work with you to identify strategies to help you maintain maximum function and quality of life.

Respirologist

Specialists of the respiratory system who assess and treat how you breathe in relation to your neuromuscular disease.

Meet Your Clinic Team

Physical therapist (PT)

Help with exercise, strengthening, range of motion and work with the Respirologist on your breathing. Develop strategies that help you to continue to carry out daily activities safely.

Respiratory Therapist (RT)

Trained to assess and treat difficulties related to breathing. RTs evaluate the strength of breathing muscles.

Registered Dietitian (RD)

Educate and support you to ensure you are optimizing your energy and nutrient needs within your care goals.

Speech Language Pathologist (SLP)

Trained to assess and support with communication and swallowing.

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