

# Yellow Sleeves

## What is a yellow sleeve?

The yellow sleeve is a yellow plastic page protector used to store your Health Care Directive and Proxy information and any other information you want to be found in case of a medical emergency.

**Keep it on or near your fridge so EMS can find it if there is an emergency in your home.**

## Why should you have a yellow sleeve?

You can keep your Health Care Directive, proxy, and emergency contact information in one place so you can quickly bring it to the hospital. EMS will know to look for the yellow sleeve and will use the information in it to support your medical care if you cannot speak for yourself.

## How do you get a yellow sleeve?

Contact the Advance Care Planning Program (ACPP) to request a yellow sleeve package with instructions.

### SHA Advance Care Planning Program

Contact us at (306) 766-5922 or Toll free 1 (833) 544-2255

[advancecareplanningprgm@saskhealthauthority.ca](mailto:advancecareplanningprgm@saskhealthauthority.ca)



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