

PREPARING FOR A PORTABLE MRI

INFORMATION FOR FAMILY/CAREGIVERS

What is an MRI?

- MRI stands for Magnetic Resonance Imaging.
- A MRI takes clear and detailed three-dimensional pictures of the body by using a strong magnetic field and radio waves.

Please complete this survey so we can improve the patient/ family experience



What is the Difference Between a Standard MRI versus a Portable MRI?

- For a standard MRI, the patient needs to be transported to the machine, while a portable MRI is on wheels, and is able to be brought to the unit.
- The portable scan may occur in a procedure room or at your child's bedside.
- The images from the scan can quickly be seen on the technologist's tablet.
- An open and safe design allows caregivers to be present and offer support to patients during the scan.
- The portable MRI can only perform brain/head scans.



Figure 1. Image provided with permission to use by Elena Klimina, UpCare Partners & Associates Inc, April 25 2024

Words You May Hear:

- Coils: loops of wire that produce a magnetic field.
- Contrast/Dye: a clear liquid that is usually given through an intravenous (IV), which acts like a highlighter in the body.
- Sequence: a programmed set of techniques used to capture a desired image from the MRI.



Figure 2. Patient positioning in the RF head coil. Image provided with permission to use by Elena Klimina, UpCare Partners & Associates Inc, April 25 2024

Frequently asked questions:

- Will it hurt? No, the MRI is painless.
- How long will it take? A portable MRI generally takes anywhere from 8 to 45 minutes.
- Is an MRI the same as a CT scan? No. While both are used to take pictures of the body, the tests can help doctors see different things.
- Can I stay in the room during the MRI scan? Yes, unlike a standard MRI, the portable MRI machine is designed with a safe and open concept, with reduced noise, so it is safe to stay in the room during the scan.
- How can I support my child? While you will not be able to hold your child during the scan, you may be present in the room. Speak to the technologist or nurse for more information.



