HOW TO USE THE REGINA FOOD ASSET MAP

INSTRUCTIONS FOR USE ON A SMART PHONE

Step 1: Open the Map - Enter the following link in your web browser tinyurl.com/ReginaFoodAssets (e.g. Google Chrome, Safari), or scan the QR code. 9 Regina Food Asset Mag To add your organization to this map or to update your information, please fill out this form Step 2: View Food Asset Types - A Google Map will pop up. Click on the "View map legend" tab at the bottom of the screen. If things don't look quite right, try scanning QR code or going to the link again. Free and Low-Cost Meals Step 3: Check the Boxes You Want to See - Click on the boxes or Free Cost Low Cost circles beside the food assets you want to see so they have a check Free and Low Cost options mark (e.g. free meals, grocery stores, community fridges, etc.) Free and Low-Cost Grocery Items Step 4: View the Map with Selected Choices - Click on the arrow Free or Low-Cost Grocery Items ie Heritage Commun at the top left of the screen to see your selected choices on the map. Step 5: View Organization and Food Asset Details - Click on and 4:29 7 Co-op Refinery Complex. 0 icon on the map OR the organization name to find out more details adian Mental Health Associatio about the food asset (e.g. address, what is offered, cost, contact info, etc.). Detailed information will show up by clicking on the organization name on the bottom of the screen. If the organization/program *details* are not showing up, click on the left facing arrow in the top search bar and try again. , Canadian Mental Health Association Step 6: To clear your selection on the map and start over, click on the "View Map Legend" link listed on each organization you click on. Directions 🔺 Start 🗍 Save 🕅 Sl VIEW MAP LEGEN Step 7: To get directions to an organization/food asset, click on the No or Low-Cost Meal icon on the map that you want to go to, then click on the Target Group Members/Clients (Must be over 18 y

"Directions" button and enter your location in the top bar and click "start." You can view options for walking, biking, taking a bus or car.

Note: These instructions are for using the map on a cell phone web browser. Steps will be slightly different in the Google Map app and on a computer. See the other side of the page for details for how to use the map on a computer.



No or Low-Cost Me

HOW TO USE THE FOOD ASSET MAP

INSTRUCTIONS FOR USE ON A COMPUTER

~

Step 1: Open the Map - Enter the following link <u>tinyurl.com/ReginaFoodAssets</u> in your web browser (e.g. Google Chrome, Safari).

Step 2: View Food Asset Types - A *Google Map* will pop up. Click on the boxes beside the food assets you want to see so they have a check mark (e.g. free meals, cultural grocery stores, etc.).

Step 3: View Organization and Food Asset Details -Click on the organization name OR icons on the map to find out details about the organizations and food assets (e.g. address, what is provided, cost, hours of operation, etc.). Detailed information will pop up on the left-hand side of the map.

Step 4: To change your search deselect the checkboxes on the left hand side of the map and select a new category (e.g. community garden, etc.)

Step 5: To get directions to an organization/food asset from where you are, click on the arrow button to the *right* of the organization name and enter your location in the top bar. You can view options for walking, biking, taking a bus or car.

Note: These instructions are for using the map on a computer. Steps are slightly different on a cell phone, see other side of page for details.

For more information email: <u>PublicHealthNutrition@saskhealthauthority.ca</u> Webpage with all Saskatchewan Food Asset Maps and supporting resources: <u>tinyurl.com/FoodMapsSK</u>







