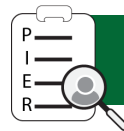


## Who can have MAID?

- There are eligibility criteria that must be met for someone to have MAID. This criteria is set out in the Criminal Code of Canada.
- The patient must be capable of making their own health decisions. Others, including power of attorney and healthcare proxies, cannot request MAID for someone else.
- Qualified physicians or nurse practitioners complete assessments to determine if a patient is eligible for MAID. Eligibility is assessed on a case by case basis.
- The Provincial MAID Program and MAID assessors require access to the patient's medical information as part of determining their eligibility.
- Patient's considering MAID as an end-of-life option should contact the MAID program when they have been told they have a serious and incurable condition.



Public MAID website: <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/medical-assistance-dying>



CS-PIER-0193

### Provincial MAID Program

P: 833-473-6243 | F: 833-837-9006  
provincialMAIDprogram@saskhealthauthority.ca  
Or visit [saskhealthauthority.ca](https://www.saskhealthauthority.ca) and search 'medical assistance in dying'



[saskhealthauthority.ca](https://www.saskhealthauthority.ca)

*Healthy People, Healthy Saskatchewan*



# Medical Assistance In Dying

## *A Brief Information Pamphlet*



CS-PIER-0193

Area: Provincial  
Approval: September 2024

## What is MAID?

Medical Assistance in Dying (MAID) is a legal end of life option.

MAID is a process where a person who meets a number of criteria is given medications at their request by a qualified healthcare provider to cause their death.

The patient must make an explicit request for MAID. Explicit request means a direct request that clearly states what is wanted. This request cannot come from another person.

***MAID is not an advance healthcare directive.***



Illustration with dragonflies and flowers on light background by Irina Voloshina. Free to use from Dreamstime.com RF-LL terms. Retrieved from: <https://www.dreamstime.com/illustration-dragonflies-free-stock-photo-image-free-28058915>

## What is the timeline?

MAID is not a 'rushed' or 'urgent' procedure.

It can take days to weeks to months to determine a patient's eligibility, depending on circumstances (patient details, assessor availability, availability of medical information, etc.)

While patient eligibility is being determined, the local healthcare/palliative care team will continue to provide care to the patient.

## Where can I have MAID?

A medically assisted death can occur in a variety of settings: home, cabin, hospital, hospice, long term care home, etc.

MAID cannot occur in a public place (i.e. a park). There are a small number of care settings that do not allow MAID to occur.

The Provincial MAID Program works with the patient and others involved in their care to arrange for a move to another location, if needed.

## Can I change my mind?

Yes, the patient can change their mind at any point in the process, right up until the first medication is given.

## Who can I speak with about MAID?

You may contact the provincial MAID program in the following ways:

**Phone:** 833-473-6243

**Email:**

[provincialMAIDprogram@saskhealthauthority.ca](mailto:provincialMAIDprogram@saskhealthauthority.ca)

A Program staff member will respond to your inquiry between:

08:00 a.m. and 4:30 p.m.  
Monday to Friday.

## What are my other end-of-life options?

For information about other end-of-life care options, please talk to your primary care provider, palliative care team, or visit [dyingwithdignity.ca](http://dyingwithdignity.ca).