

OPIOID STEWARDSHIP PROGRAM

WHAT IS STEWARDSHIP

The backbone of any stewardship program follows the same principles: safe prescribing so that the right patient receives the right drug at the right dose for the right indication for the right length of time.

Opioid stewardship is a coordinated effort to promote:

- Appropriate use of opioids and opioid agonist therapy
- Improved patient outcomes
- Reduced opioid-associated harms such as overdose and opioid use disorder

WHO ARE WE

Our provincial interdisciplinary team is made up of clinicians (pharmacists, nurse navigators, nurse practitioners, physicians, and social workers), researchers, data analysts, and administrators. In addition to our regular team, we collaborate with students and residents from various health profession backgrounds.

WHAT SERVICES DO WE PROVIDE

We support clinicians and patients with evidence-informed education and resources on appropriate prescribing of non-pharmacological and pharmacological therapies to optimize and reduce the use of opioids.

Examples of services we provide:

- Order-set review and optimization
- Collection and analysis of opioid utilization data in Saskatchewan hospitals
- Perform patient opioid related risk assessment (MORE Tool – see reverse)
- Provide assessments and recommendations for opioid optimization in person and by phone

ADDITIONAL STEWARDSHIP ACTIVITIES

Education is a vital part of opioid stewardship. **We provide formal and informal educational sessions to all health care providers and the public upon request.**

Topics can include pain, opioids, opioid use disorder, and more. If you need a presenter for your Grand Rounds or Nursing Education Days—connect with our team!

Our team conducts ongoing quality improvement and research projects. We recognize the importance of collaboration with others, therefore **we continuously seek connections with other researchers, clinicians, and students for projects.**

Lastly, we just initiated a Canadian Opioid Stewardship Community of Practice—interested in this practice area? Connect with us and we'll add you to the group!

HOW TO CONNECT WITH US

Telephone: 306-766-3522

Email: opioid.stewardship@saskhealthauthority.ca

Website: [SHA Opioid Stewardship Program](#)



**Opioid Review and Optimization (MORE) Tool
Opioid Stewardship Program**



INITIAL APPLICABLE BOXES

Pain assessment and diagnosis: _____

Prior to admission opioid and substance use (prescription/illicit): _____

Current Opioid/Opioid Agonist Therapy	Dose	Route	Interval	PRN Usage	Date Started	MED/day*
Non-opioid analgesic(s):						Total:

MED multiplier: Morphine =1; Hydromorphone =5; Oxy =1.5, Codeine 0.15; IV/SC/IM routes = 2x * PRNs based on doses actually received prior 24 hours

Review Opioid Medication Orders and Risk Factors							
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