Safety Tips

- A negative strip test result does not mean the substance is safe.
- Try not to use alone. Have a friend with you.
- Check drugs every time you use. The amount of fentanyl and benzos can change every time, even within the same batch. You can get a negative result with the first test but a positive result with the second test from the same batch. Strips cannot tell you how much is in your drugs, only that it is present in the portion tested.
- Always start with small amounts.
- Use where help is easily available.
- Be careful when mixing drugs, including alcohol. The chance of overdosing is higher when mixing drugs.



- Pick up a Take Home Naloxone kit.
- Learn how to spot an overdose and how to help, like giving breaths.
- Get training with a provider at your local health centre, www.nors.ca or call 1-888-688-NORS (6677).



If you think someone is overdosing:

- Call 911.
- Stay with them until help arrives.
- The Good Samaritan Act protects you. You cannot be arrested.



If you are alone, you can call **1-888-688-NORS (6677)** for 24/7 remote overdose help.



Adapted with permission from Fraser Health Authority, B.C. www.fraserhealth.ca.



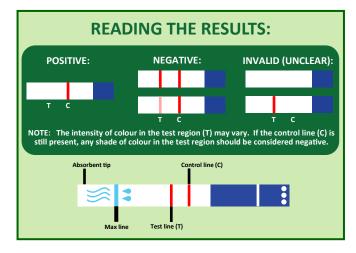
Healthy People, Healthy Saskatchewan



Drug Checking Strips: Fentanyl, Benzodiazepine and Xylazine

For detailed instructions look inside

- 1. Get water.
 - ⇒ For Fentanyl: Put 30mL (1 ounce equivalent to a shot glass) of room temperature water in small cup.
 - ⇒ For Benzos: Put small splash of hot water (2 to 5mL or ½ teaspoon) in cup.
 - ⇒ For Xylazine: Put 5mL (½ teaspoon) water in cup.
- 2. Add a tiny sample of your drug into the water (equal to a few grains of sand). Mix until dissolved.
- 3. Hold strip in the water up to wavy line for 15 seconds.





Step-By-Step Guide, How to Check:



1 Check drugs before use.

The amount of fentanyl, benzo, and Xylazine can change each time. Test strips can be used to check any drug, equipment, or bits leftover in a baggie.

2 Get water.

Fentanyl: put 30 mL (1 ounce) of room temperature tap water into a small cup.

*A shot glass is equal to 30 mL (1 ounce).

Benzo: put a small splash of **hot** water into a cup (2 to 5 mL or 1/2 teaspoon).

Xylazine: put 5 mL (1/2 teaspoon of water into a small cup.

3 Add drugs.



Put a tiny sample of the drug you are checking into the water (equal to a few grains of sand). Mix until completely dissolved.



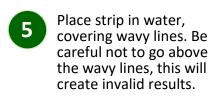
It is important not to add too much or too little of the sample.

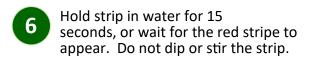
This can interfere with the results.

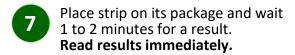
Open package at notched end.

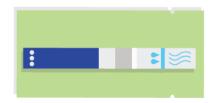


Hold strip by solid blue end only. Do not touch white end.











Fentanyl

Benzo

CS-PIER-0220 January 2025

Reading the Results:

sample.

