



You have been given this information sheet because you have had contact with someone who has severe invasive Group A Streptococcal Disease, or severe iGAS. Group A streptococcus (GAS) is a bacteria commonly found in the throat and on the skin. Infections are usually mild, such as strep throat, but in rare cases, the bacteria can cause more severe infections, known as iGAS.

### **How is iGAS spread?**

- iGAS is spread to others through contact with secretions from the nose and throat of an infected person or from contact with an infected wound or sore on the skin.

### **What does this mean for me?**

- You may be offered an antibiotic to help protect you from becoming ill.
- Your care team monitors you for symptoms of iGAS for 30 days.
- If you develop symptoms during that time, you are placed on precautions (isolation).

### **What do I do if I am discharged home before 30 days?**

- Continue to monitor for symptoms of iGAS for 30 days.
- If an antibiotic was prescribed to you, it is important to take all of the medicine.

### **What are the symptoms of iGAS?**

- |   |                                   |
|---|-----------------------------------|
| • Fever   | • Dizziness                       |
| • Severe pain   | • Confusion                       |
| • Swelling, redness and tenderness<br>in any part of the body | • Rash                            |
|   | • Any symptom out of the ordinary |

### **What should I do if I have symptoms of iGAS after I go home?**

- See your doctor right away. Tell them that you had contact with someone who has severe iGAS.
- Call the Public Health office in your area at:

<https://www.saskhealthauthority.ca/system/files/2023-06/CS-G-0151-Communicable-Disease-Office-Information.pdf>

