

## SUMMER 2025

### Saskatoon & Area Forever...in *motion* open sites

This list is for inquiries about FIM program.

Please call site contact (306) 844 – 4080 to confirm dates and times, as they do change on occasion.

- **Augustana Church**  
1201 Broadway Ave  
Saskatoon SK S7H 2A4  
Summer – Tues/Thurs 10:00am  
Note: Please use the side entrance on 7<sup>th</sup> St, and ring the doorbell if door is locked.
- **Circle Drive Alliance Church**  
3035 Preston Avenue South  
Saskatoon, SK S7T 1C2  
Spring & Fall – Mon/Thurs 10:30am Until June 19<sup>th</sup>. Resume M/Th on Sept 16<sup>th</sup>.  
Summer – Wednesday 10:30am June 25<sup>th</sup> – Sept 10<sup>th</sup>
- **Community Health Centre at Market Mall**  
2325 Preston Avenue South  
Saskatoon, SK S7J 2G2  
Located in “The Spot” near the food court  
Contact: Crystal Wright (306) 844-4083 [crystal.wright@saskhealthauthority.ca](mailto:crystal.wright@saskhealthauthority.ca)  
Summer – Mon/Wed 9:15, 10:15, 11:15 & 12:15; Bridge to FIM – Mon/Wed 1:30 & 2:30pm
- **Ebenezer Baptist Church**  
107 McWillie Ave  
Saskatoon, SK S7S 1B2  
Summer – Thursday 10am Until July 31<sup>st</sup> then summer schedule. Will resume Sept.
- **Mayfair United Church**  
902 – 33<sup>rd</sup> Street West  
Saskatoon, SK S7L 0W6  
Summer – Friday 9:30am Until June 27<sup>th</sup>
- **Nutana Park Mennonite Church**  
1701 Ruth Street East  
Saskatoon, SK S7J 0L7  
Summer – Mon/Wed/Fri 10:00am  
Note: Enter at parking lot doors.
- **Riverbend Church of God**  
306 Saguenay Drive  
Saskatoon, SK S7K 6R6  
Summer – Wednesdays 10:00am

- **Urban Poling at the Community Health Center at Market Mall**  
Unit #55 2325 Preston Avenue South  
Saskatoon, SK S7J 2G2  
Contact: Kimberly Willison (306) 844-4081 [kimberly.willison@saskhealthauthority.ca](mailto:kimberly.willison@saskhealthauthority.ca)  
Summer – Mon/Wed/Fri 9:15am  
Note: Meet near Fabricland. Activator poles provided.

## OUTSIDE OF SASKATOON:

- **Martensville Athletic Pavillion (MAP)**  
200 Mike Sands Boulevard  
Martensville, SK S0K 0A2  
Summer – Fridays 10:00am from June 13 – August 29<sup>th</sup>. Register through MAP.
- **Viscount Community Center**  
102 Drake Ave  
Viscount, SK S0K 4M0  
Summer – Tues/Thurs 9:30am
- **Young Exercise Group**  
Young Seniors Centre  
Young, SK S0K 4Y0  
All year round – Mon/Thurs 11:15am

## VIRTUAL/ON LINE:

- **Virtual Zoom Forever...in motion class**  
Contact: June and Howard (306) 373-3054  
Live class Mon/Wed/Fri 10:00am  
Note: Participants can visit before or after class. (Link Opens at 9:45am)
- **Wynyard Virtual Forever...in motion class**  
Contact: Audrey (306) 554-7261  
Live class Mon/Wed/Fri 10:00am, until end of June.
- **Virtual Forever...in motion Facebook class**  
<https://www.facebook.com/groups/716435232463229>  
<https://www.youtube.com/@foreverinmotion306>  
Contact: **Forever...in motion** staff (see below)  
Live class scheduled every 2<sup>nd</sup> Thursdays at 1:30pm.  
Previous classes are saved on Facebook and YouTube.

For more information on how to start a **Forever...in motion** site, please contact:

**Kimberly Willison**  
Senior Recreation Therapist

**Kereen Lazurko**  
Recreation Therapist

**Crystal Wright**  
Health Educator

**Catherine Shore**  
Health Educator

Phone: (306) 844 – 4080

Email: [foreverinmotion@saskhealthauthority.ca](mailto:foreverinmotion@saskhealthauthority.ca)

Website: <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/forever-motion>

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