



We care.

We work together to improve health and well-being; every day, for everyone.

September 16, 2025

All links are best viewed in Google Chrome.

Estimated read time: Five minutes

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SHA CARES - Living our Values

Introducing the SHA Orange Shirt: A symbol of commitment

September 30 is the National Day for Truth and Reconciliation, also known as Orange Shirt Day. This day calls on all of us to reflect on the history and lasting impacts of Residential Schools. The orange shirt is a powerful symbol of this history, representing the children who never returned home, honouring the survivors and their families, and reminding us that every child matters. By wearing an orange shirt, we open the door to conversations about truth, healing, and reconciliation, and we show our commitment to building a better future together.

For the first time, the Saskatchewan Health Authority (SHA) has created an *Every Child Matters* orange shirt as a demonstration of our commitment to Truth and Reconciliation, a symbol of the commitment we make to Indigenous patients, families, and communities, and a reflection of our CARES values. The design concept was developed by one of First Nations and Métis Health team, and brought to life through collaboration with Symmetry PR design services, an Indigenous-owned and led communications and public relations firm. The SHA Orange Shirt carries imagery that honours First Nations, Métis, and Inuit cultures. It was created with compassion, respect, and care to reflect both our health-care work and our shared journey toward reconciliation. Wearing this shirt is a visible way to say: “We see you, we hear you, and we stand with you.”



This shirt is not just for one day. All SHA staff are invited to wear their orange shirts on the last Friday of each month, including September 26. This reminds us that reconciliation is an ongoing process, not a single event.

By wearing the SHA orange shirt, SHA team members show that we value truth, healing, and respect. It is a way to open conversations with patients, families, and co-workers about the history of Residential Schools and the meaning of Every Child Matters. Orange Shirt Day is a time for reflection, learning, and action. The SHA orange shirt is one tool we use to keep that commitment visible.

How to order:

The SHA orange shirt is available now for purchase in limited quantities, with proceeds supporting the Orange Shirt Society. [Click here for information on how to register an account](#) on our online store and order your shirt today as a way to proudly to show our shared commitment to Truth and Reconciliation. Please use the **group password SHA-ECM** when registering.

Reflecting on Truth and Reconciliation through our work

It is important for all of us to recognize the significance and meaning of the National Day for Truth and Reconciliation on September 30. Please make this a day for learning and reflection on what reconciliation is for you and the work you do within the SHA.

1. Include a moment of learning or reflection as part of your huddles/team meetings.
2. Prioritize attending SHA-led or community events dedicated to Truth and Reconciliation.

[*View this story on the SHA website, and share it with family and friends.*](#)

SHA Roadmap

Mobile withdrawal program changing lives

Arnold (name changed) was hiding a secret about his relationship with alcohol.

“I was completely overwhelmed and controlled by my alcohol addiction. I was filled with shame and fear, unable to find a way out of the constant suffering that took over my life.”

Arnold's struggle with addiction was pulling him away from family and friends. He was struggling to survive.

Arnold had tried quitting on his own many times, but the withdrawal symptoms were so bad he lost hope – until he finally found the courage to seek help.

A referral to mobile withdrawal treatment changed his life.

The mobile withdrawal management addictions treatment program delivered by [Medavie Health Services \(MHS\)](#) in Saskatoon received funding for 40 permanent spaces through a partnership between the Saskatchewan Health Authority (SHA) and the Government of Saskatchewan.

From intake through recovery, Arnold received support every step of the way. His health and safety were closely monitored, he received support to follow his medication plan, and he learned about community and online resources to help support his recovery.

Over five months into recovery, Arnold credits the program for making the difference in his journey with sobriety.

“I am learning how to successfully manage living a sober life,” he said. “I feel like I was given a chance to live again.”

If you or someone you know is struggling with addictions, visit [Addictions Treatment | Mental Health and Addiction Support Services in Saskatchewan | Government of Saskatchewan](#).



Ryan King, an Advanced Care/Community Paramedic with Medavie Health Services, delivers mobile withdrawal management addictions treatment services in Saskatoon. Mobile withdrawal services are designed to help individuals safely detox in the community and are meant for individuals considered low risk for complicated withdrawal.

[View this story on the SHA website, and share it with family and friends.](#)

Clinical Information

Extension of anaphylaxis treatment medical directives

The provincial medical directives attached to the following clinical procedures have expired:

- [CS-CP-0014 Anaphylaxis Identification and Initial Treatment Acute Continuing Care](#)
- [CS-CP-0015 Anaphylaxis Identification and Initial Treatment Community](#)

To support patient and provider safety, both directives are **extended until end of day September 19, 2025**. A note reflecting this extension has been added to the documents for clarity.

Approval of the updated directives is in progress; finalized documents will be posted once complete.

Staff Information

Safer Practice Bulletin: Cleaning reusable wash basins

The SHA has updated the process for cleaning reusable wash basins. Cleaning and disinfecting medical supplies and equipment is essential to reducing the risk of spreading organisms from patient to patient.

Please read this [Safety Bulletin](#) for the actions to take and more information.

Please share and post with your team to cascade awareness.

Registered Social Workers Provincial Community of Practice: Weathering the Storm: Fostering Professional Resilience

On **September 23 at 2:30 pm**, the SHA Registered Social Workers Community of Practice (regardless of job title) will be exploring professional resilience within social work practice with a presentation from University of Regina's, Faculty of Social Work instructor, Erin Beckwell.

This session will explore how understanding labels like compassion fatigue and burnout, self-awareness around our own professional resilience and strategies for staying as well as possible.

For additional information, please see the [poster](#) and visit this [page](#) to register.

Be sure to check out the SHA's [Registered Social Workers SharePoint](#).

If you have any questions or concerns, contact [Brina Down](#), Manager of Professional Practice, Social Work.

You're invited: Home Health Services ConnectFest Staff Engagement Event

Leadership team want to connect with staff from across Home Care Services on a variety of priority topics including retention, naming geographical areas, and patient and family partners.

[Visit this link](#) and join us in Saskatoon for conversation, bannock, fruit and refreshments at one of the date below:

- Wednesday, September 17 at 1 p.m. - Market Mall
- Thursday, September 18 at 1 p.m. - Market Mall
- Tuesday, September 23 at 1 p.m. - Idylwyld Center
- Thursday, September 25 at 1 p.m. - Idylwyld Center



If you aren't able to attend any of the events in person [click this link](#) or scan the QR code and provide your input.

Contracting, Procurement and Supply Management newsletter - September 2025

Sent on behalf of Shane Merriman, Executive Director, Contracting, Procurement and Supply Management

The [September Contracting, Procurement and Supply Management newsletter](#) includes:

- Off-site receiving and processing of packing slips
- 2025-26 Capital Expenditure Plan
- Supply Chain disruptions and back orders

Please share with your teams.

Stewardship Special Edition update

Recent changes to the SHA Drug Formulary may propel your department or facility to have conversation regarding pain management options.

The SHA Opioid Stewardship Program has summarized strategies to minimize unnecessary or unsafe opioid use.

Please see the [Special Edition update](#) for more information.

Recognition and Appreciation

Environmental Services Appreciation Week

We are excited to celebrate the hard work of our Environmental and Laundry Services Workers, Porters, and Unit Support Workers during Environmental Services Appreciation Week, from September 14-20, 2025. These essential team members play a crucial role in maintaining the cleanliness, safety, and well-being of our facilities, ensuring that every patient, resident, and colleague is cared for in a safe and welcoming environment.

Though their dedication often goes unseen, their impact is felt across the entire organization. From keeping our spaces spotless to supporting daily operations, these workers are the backbone of our daily functions.

This week, let's take a moment to acknowledge and thank these colleagues for their invaluable contributions. Whether through a simple "thank you," a note, or a kind gesture, let's show them how much their hard work means to all of us. Their efforts are deeply appreciated every day, making the SHA a place of care and excellence.

TO PRINT AND POST: Just print this email.

DO YOU HAVE A SUBMISSION? See our guidelines [here](#).

DID YOU MISS AN ISSUE? See our [archives](#).

Need help with something related to communications? Check out the new communications [self-serve options](#)! Can't find what you need? See the new communications [intake form](#).

SHA Rounds is the [Saskatchewan Health Authority's](#) e-newsletter. Send your feedback to news@saskhealthauthority.ca

